

Principles of Manual Handling

This course will give you an understanding of safe manual handling operations and legislative requirements.

Who should attend?

All employees.

Course contents

- Manual handling hazards
- Legislation and guidance
- Risk assessment
- Controls and reducing the risk of harm

Course duration

4 hours

Assessment

Multiple choice examination.

Candidates will receive a certificate of competency on successful completion of training that is valid for 3 years.

Course dates

If you are interested in this course, please email kweaver@ledleisure.co.uk for further details.

Cost

£30 (exempt from VAT)

Discount available for block booking of 5 candidates or more. Please contact training@ledleisure.co.uk for prices.