

## Health and Safety in the Workplace

This course will give you an understanding of the nature and benefits of good health and safety standards in the workplace and legislative requirements.

### Who should attend?

All employees.

### Course contents

- Nature of health and safety
- Health and safety law
- Health
- Safety
- Welfare
- Workplace specific health and safety
- Risk assessments
- Manual handling
- Hazardous substances
- Ergonomics and workstation design
- Working at heights
- Transport and vehicles
- Noise and vibration

### Course duration

6 hours

### Assessment

Multiple choice examination.

Candidates will receive a certificate of competency on successful completion of training that is valid for 3 years.

### Course dates

If you are interested in this course, please email [kweaver@ledleisure.co.uk](mailto:kweaver@ledleisure.co.uk) for further details.

### Cost

£65 (exempt from VAT)

Discount available for block booking of 5 candidates or more. Please contact [training@ledleisure.co.uk](mailto:training@ledleisure.co.uk) for prices.