

## Emergency First Aid At Work (Level 2)

This course enables a first aider to give emergency first aid to someone who is injured or ill at work.

### Who should attend?

This course is designed for people who want training in emergency first aid. This course is appropriate for nominated first aiders in small or low risk working environments.

### Pre-requisites

Candidates must be at least 16 years of age.

### What you will learn?

This course covers a range of CPR and first aid skills, giving candidates the opportunity to learn and practise first aid.

### Course content

- Understanding the role and responsibilities of a first aider
- How to manage an unresponsive casualty who is not breathing normally
- How to manage a casualty who is in shock
- How to assess an incident
- How to recognise and assist a casualty who is choking
- How to manage a casualty with a minor injury or seizures
- How to manage an unresponsive casualty who is breathing normally
- How to manage a casualty who is bleeding

### Course duration

6 hours contact time

### Assessment and certification

Practical and theoretical assessment on CPR and first aid.

Successful attendees will receive a certificate of competency that is valid for 3 years.

### Course dates

Location	Date	Time
LED Head Office, Woodbury	7 <sup>th</sup> February	09:00 – 16:00
LED Head Office, Woodbury	14 <sup>th</sup> March	09:00 – 16:00
LED Head Office, Woodbury	24 <sup>th</sup> April	09:00 – 16:00
LED Head Office, Woodbury	4 <sup>th</sup> July	09:00 – 16:00

LED Head Office, Woodbury	17 <sup>th</sup> July	09:00 – 16:00
LED Head Office, Woodbury	26 <sup>th</sup> September	09:00 – 16:00
LED Head Office, Woodbury	10 <sup>th</sup> October	09:00 – 16:00
LED Head Office, Woodbury	29 <sup>th</sup> November	09:00 – 16:00

### Cost

£65 (exempt from VAT)

Discount available for block booking of 5 candidates or more. Please contact [training@ledleisure.co.uk](mailto:training@ledleisure.co.uk) for prices.