

Mini & Junior COACHING COURSE Programme

- Mini & junior tennis courses are suitable for juniors aged from 4 -15 years of age, who wish to learn, practice and develop the skills required for playing the game of tennis.
- One group course is included in the UNLIMITED membership.
- If players are attending a tennis course or swim programme the PTL rate will be charged for additional courses
- Players need to complete an enrolment form and enrol in advance for a 5 or 10 week block
- Payments must be made at the time of booking and are not transferable or refundable.

Level	Code	Age	Day	Time	
Red 5	RD1	4-5yrs	Tuesday	4-4:30pm	Unlimited Members
Red 5	RD2	4-5yrs	Tuesday	4:30-5pm	1st course included in membership
Red 5	RD7	4-5yrs	Thursday	4-4:30pm	PTL Members : £33.50 (10 weeks)
Red 5	RD8`	4-5yrs	Thursday	4:30-5pm	2nd Course: £33.50 (10 weeks)
Red 5	RD5	5-8yrs	Wednesday	4-5pm	Non Members : £45.00 (10 weeks)
Red 5	RD11	5-8yrs	Friday	4-5pm	
Red 10	RD4	5-8yrs	Tuesday	4-5pm	
Red 10	RD9	5-8yrs	Thursday	4-5pm	
Red 10	RD12	5-8yrs	Friday	4-5pm	
Red 15	RD10	5-8yrs	Thursday	4-5pm	
Level	Code	Age	Day	Time	
Orange 10	OD1	8-10yrs	Tuesday	5-6pm	Unlimited Members
Orange 10	OD2	8-10yrs	Wednesday	5-6pm	1st course included in membership
Orange 10	OD4	8-10yrs	Friday	5-6pm	
Orange 15	OD3	8-10yrs	Wednesday	5-6pm	PTL Members : £52.50 (10 weeks)
Orange 15	OD5	8-10yrs	Friday	5-6pm	2nd Course: £52.50 (10 weeks)
Level	Code	Age	Day	Time	
Green 10	GD1	10-11yrs	Tuesday	5-6pm	Non Members : £70.00 (10 weeks)
Green 10	GD2	10-11yrs	Wednesday	5-6pm	
Green 10	GD 4	10-11yrs	Friday	6-7pm	
Green 20	GD5	10-11yrs	Friday	6-7pm	
Level	Code	Age	Day	Time	
Junior T1	14DS1A	11-13yrs	Tuesday	5-6pm	Unlimited Members
Junior T1	14DS1B	11-13yrs	Thursday	5-6pm	1st course included in membership
Junior T1	18DS1A	14-15 yrs	Monday	5-6pm	
Junior T2	14DS2A	11-13yrs	Tuesday	6-7pm	
Junior T2	14DS2B	11-13yrs	Wednesday	6-7pm	PTL Members : £58.50 (10 weeks)
Junior T2	14DS2C	11-13yrs	Thursday	5-6pm	2nd Course: £58.50 (10 weeks)
Junior T2	18DS2A	14-15 yrs	Tuesday	7-8pm	Non Members : £78.00 (10 weeks)
Junior T2	18DS2B	14-15 yrs	Thursday	6-7pm	

Mini & Junior Tennis & Sport CLASS Programme

6 months to 4 years

Get Up and Go is a fun supervised play activity for the little ones. A parent or responsible adult must participate and supervise their child at all times.

Thursday	0930 –1030	Included in Unlimited Members (child must be the member) Non Members : £2.00 / PTL £1.00
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2-4 years

Whizz Tennis is a combined session involving both children and their parent / guardian. The session develops a child's agility, balance and co-ordination using circuits to encourage the child's imagination.

Monday	0915 – 0945	Included in Unlimited Members (child must be the member) PTL Members : £2.65 / Non Members : £3.50
Wednesday	0915—0945	

5— 11 years

These classes are the perfect opportunity for your child to be introduced to a range of different sports, have loads of fun and develop , learn and practice specific sporting skills

Mini Tennis	5— 8 yrs	Saturday	1000 –1100	1 tennis usage (included in Unlimited m/ship) Non Members £4.80 / PTL £3.60
	9—11 ys	Saturday	1100-1200	
Football	5—8 yrs	Saturday	11.15-1200	Included in Unlimited Membership Non Members £4.20 / PTL £3.20
	9 –11 yrs	Saturday	1115-1200	
Archery	5—11 yrs	Saturday	1215-1300	
Nerf Battles	5—11 yrs	Saturday	1300-1345	

11 years+

Mix 'n' Match , is suitable for juniors of all playing levels, where everyone will Mix'n' match playing in a range of competitive games of tennis and drills on a range of different court sizes to suit you!

Sunday	1600—1800	Included in Unlimited Members (no tennis usages used) Non Members : £6.00
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Junior Cardio Tennis Games

Mix 'n' Match , is suitable for juniors of all playing levels, where everyone will Mix 'n' match playing in a range of competitive games of tennis and drills on a range of different court sizes to suit you!

11— 13 years	Monday	1600-1700	Included in Unlimited Members Non Members : £4.80 / PTL £3.60
13 years +	Friday	1700-1800	

Supervision of Under 8's - In order to uphold our safeguarding responsibilities customers are reminded that any children aged U8 may not be left unsupervised on site, including children taking part in coached activities.
A parent or nominated responsible person over the age of 16 must remain on site and be contactable at all times.
Thank you for your compliance, which we are sure you will appreciate, is in the interest of child protection.



Tennis @ Exmouth Tennis & Fitness Centre
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Exmouth
Tennis & Fitness