



## Free Wellbeing Walks Every Monday in East Devon

All walks start at 10.30am, please arrive 15 mins before for registration.

All LED walks are free of charge.

Please wear suitable clothing, strong supportive footwear and bring a bottle of water on warm days.

### Everyone Welcome

Please do not attend a walk if you have had a recent positive test for Covid or have Covid symptoms

Maximum group of 30

For more information contact LED Community Team  
01395 234123 [outreach@ledleisure.co.uk](mailto:outreach@ledleisure.co.uk)



## Grade 3 only, 60 to 90 Minutes

Date	Walk	Meeting Place	OS Ref
11/04/2022	Branscombe Village	Park in village hall car park	
18/04/2022	Shute Hill Woods	Haddon Road at Shute Barton, park at triangle	SY262974
25/04/2022	Escot	Main car park	SY980081
02/05/2022	Aylesbere Common	Joney's Cross off A3052	SY057897
09/05/2022	Chineway Head	1 <sup>st</sup> bridleway on East Hill strips towards White Cross	SY130913
16/05/2022	East Budleigh	Hayes Lane car park	SY096069
23/05/2022	Dalwood	Village car park or around village	SY250005
30/05/2022	Holyford Woods	Seaton Down Hill picnic area opp Esso Garage	SY233913
06/06/2022	Otterton Coastal	Park Maunders Hill Otterton	SY081853
13/06/2022	Musbury	Park in village or church car park. Meet at X roads	SY275945
20/06/2022	Sidmouth Observatory	Observatory car park if available or NT car park	SY140882
27/06/2022	Budleigh Salterton	Free car par, Station Road	SY062821
04/07/2022	Bovey Down	Layby A3052 at Hangmans Stone, Southleigh Rd	SY204909
11/07/2022	Peak Hill	Peak Hill car park, top of Sidmouth	SY109874
18/07/2022	Woodbury Common	Park Woodbury Forte car park off B3180	
25/07/2022	White Cross	East Hill Strips, Southern end of East Hill	
01/08/2022	Payhembury	Park in village hall car park or around village	
08/08/2022	Donkey Sanctuary	Park in main visitor's car park, off A3052	SY161892
15/08/2022	Blackbury Camp	Signed on Seaton and Ottery Road	SY18925
22/08/2022	Squabmoor	Four Firs car park off B3180	SY032864
29/08/2022	Venn Ottery	Newton Poppleford playing field, Station Rd car park	SY088899
05/09/2022	Harpford Woods	Newton Poppleford playing field, Station Rd car park	SY088899

