



Free Wellbeing Walks Every Other Wednesday in East Devon

All walks start at 10.30am, please arrive 15 mins before for registration.

All LED walks are free of charge.

Please wear suitable clothing, strong supportive footwear and bring a bottle of water on warm days.

Everyone Welcome

Please do not attend a walk if you have had a recent positive test for Covid or have Covid symptoms

Maximum group of 30

For more information contact LED Community Team
01395 234123 outreach@ledleisure.co.uk



Seaton and Colyton

Grade 2 only - 30 to 60 Minutes

Wednesday	Walk	Meeting Place
13th April	Blackbury Camp	Signposted off Seaton/Hare & Hounds
27th April	Branscombe	Branscombe Village Hall, EX12 3DB (donation)
11th May	Holyford Woods	Harepath Hill layby & Harepath rd, Seaton
25th May	Otterton	Otterton Mill car park, EX9 7HG
08th June	Shute Pillars	Shute Pillars car park, off road from A35, heading for Shute
22nd June	White Cross	White Cross car park, East /hill, EX11 1QB
06th July	Colyton – River Walk	Dolphin St car park (Pay & Display)
20th July	Axmouth walk & lunch at The Ship	The Ship car park, Axmouth

