

Great recipe for anytime of day but why not start your day off with this fantastic recipe. They take 5 minutes to prep and 12 minutes to cook. And you can improvise on the toppings for taste.

Ingredients

Rolled Oats (1 1/2 cups)

Almond Milk (1/2)

Eggs (2)

Egg Whites (2)

Topping Suggestions

Maple Syrup

Strawberries/ Blueberries

Greek Yogurt

Peanut Butter

Nutella

- Separate the eggs into egg whites, beat until fluffy. Add the two eggs, almond milk, oats and crushed banana into a bowl and mix together until thick. For more thickness add oats, for less add milk.
- Heat a pan.
- Add the mixture to the size you would like them, cook for around 10-12 minutes.
- Serve with any suggested or improvised toppings.

