



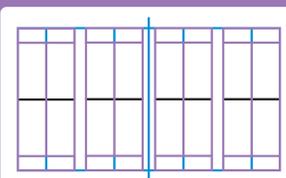
Player and Parents Guide

STAGES

WHIZZ TENNIS - ideal for 2-5 year olds

The Tots stage is designed to develop fundamental physical and cognitive skills before children start primary school. Children as young as two years old will develop agility, balance and coordination through a wide range of fun and exciting exercises. These exercises include both racket and non-racket skills.

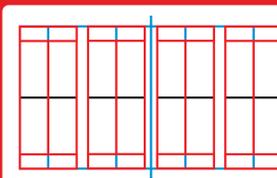
Racket Size:	17-19" depending on the size and strength of the player
Ball:	(Foam or felt) 75% slower than a yellow ball
Court Size:	11m x 5.5m or 12 x 6m (can be played on badminton courts)



RED STAGE - ideal for 5-8 year olds

Mini Red players learn to serve, rally and score with a slow ball, as well as learning the movement and co-ordination skills needed for tennis. Players are encouraged to play fun competitions in teams and as individuals, with short matches using tie-break scoring.

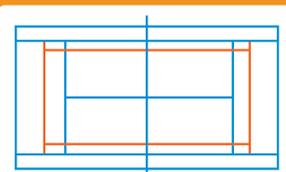
Racket Size:	19-23" depending on the size and strength of the player
Ball:	(Foam or felt) 75% slower than a yellow ball
Court Size:	11m x 5.5m or 12 x 6m (can be played on badminton courts)



ORANGE STAGE - ideal for 8-9 year olds

Mini Orange players develop a rounded game, learning a range of techniques and tactics. Courts are bigger and wider than red stage but still smaller than full-size tennis courts. There are team and individual competitions with matches using tie-break scoring - usually the best of three tie-breaks.

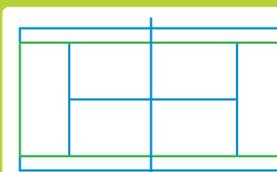
Racket Size:	23-25" depending on the size and strength of the player
Ball:	50% slower than a yellow ball
Court Size:	18m x 6.5m



GREEN STAGE - ideal for 9-10 year olds

Mini Green players can now put their technique and skills into practice on a full size court with a faster ball. Physical and tactical skills come into play with more distance to cover and more space to hit the ball into. There are individual and team competitions, with scoring extended to short sets.

Racket Size:	25-26" depending on the size and strength of the player
Ball:	25% slower than a yellow ball
Court Size:	Full size

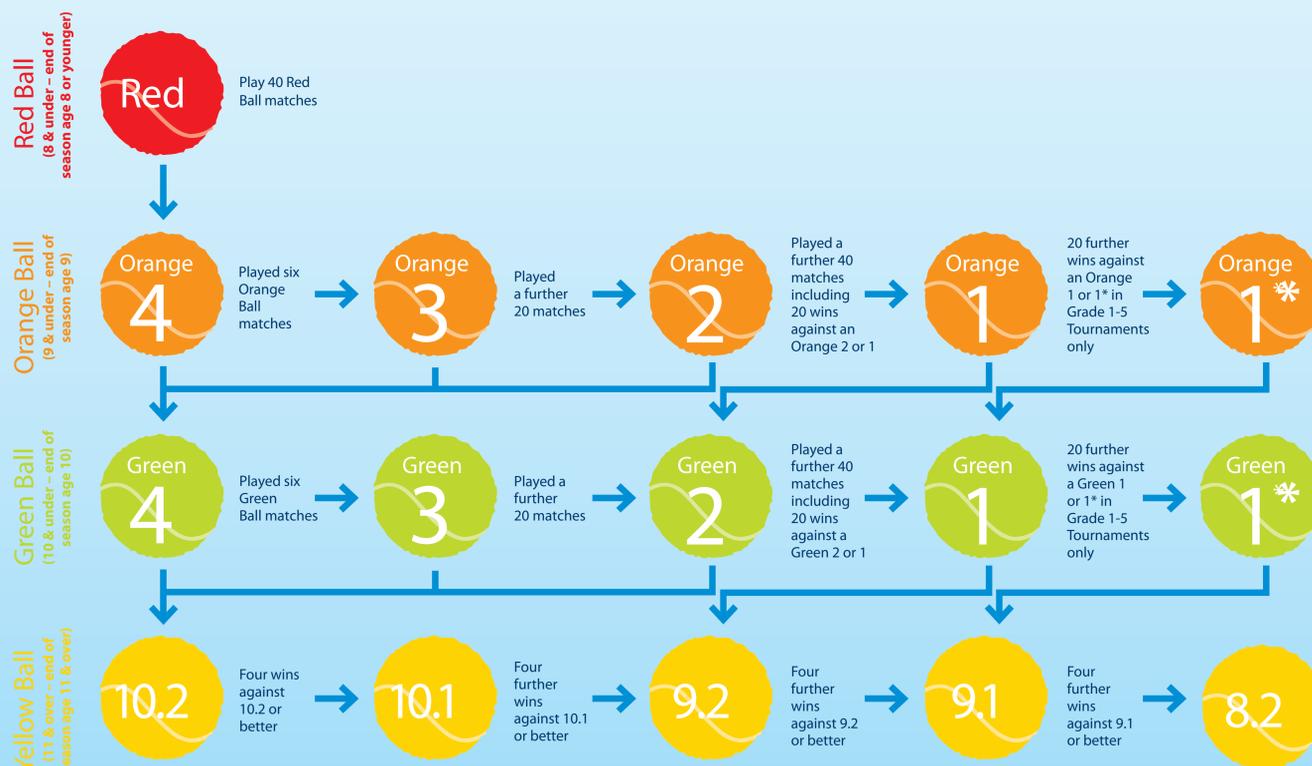


WHAT ARE RATINGS FOR?

Mini Tennis is a great way for those children 10 and under to take their first steps in tennis. As well as being fun and exciting you will practise many of the same skills that the top pros work on every day. Now, with Mini Tennis Ratings, you will get more chances to compete against players of a similar standard in competitions and you can easily measure your tennis ability so you can see how you are improving. All rating changes from Red 4 to 8.2 happen on a daily basis once match results are recorded.

All players will move age group/ball colour in-line with the competition age group rules.

- Red players in their second to last and last season who have played at least 40 Red Ball matches can compete in Red and play up in Orange (rating moves to Orange 4).
- Orange 1 or 1* in their last season can compete in Orange and play up in Green (rating stays as Orange).
- Green 1 or 1* in their last season can compete in Green and play up in Yellow (rating stays as Green).
- Visit www.LTA.org.uk for details of how you move to a 8.1 and above.



HOW DO COMPETITION AGE GROUPS WORK?

All junior age groups, from 8 and under through to 18 and under, are aligned with the competition seasons. The competition season dates are: **Winter Season: 1st September – 31st March, Summer Season: 1st April – 31st August.** The competition age group a player competes in for the upcoming season is determined by their age on the last date of that upcoming competition season.

SEE YOU ON COURT

Poster created by Sand Dog Design



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