

School Term Timetable

The pool has 5 lanes

	6.30am	7.00am	8.00am	9.00am	10.00am	11.00am	12.00pm	1.00pm	2.00pm	3.00pm	4.00pm	5.00pm	6.00pm	7.00pm	8.00pm	9.00pm
Mon	Lane Swimming			50+ Swim	AquaFit	Adult & Child	Adult Lessons	Lane Swimming	Schools		Swim School		Adult Lessons		SSL Club (3)	
Tue	Lane Swimming			Aqua Flex	Aqua Circuits	Adult & Child		Lane Swimming	Schools		Swim School			Sid Vale Sharks (3)	SwimFit	
Wed	Lane Swimming			50+ Swim	AquaFit			Lane Swimming	Schools		Swim School			Swim School (2)	SwimFit	Staff Training
Thur	Lane Swimming			AquaFit		Adult & Child		Lane Swimming	Schools		Swim School		Adult Lessons		Sid Vale Sharks (3)	Staff Training
Fri	Lane Swimming			AquaFit				Lane Swimming	Schools		Swim School			Sid Vale Sharks		
Sat		Lane Swimming		Swim School					Fun Swim				Party Hire			
Sun		Lane Swimming						Fun Swim					Sid Vale Sharks			

Adult & Child - the shallow end will be roped off.
Adult Lessons - one lane of the pool will be taken.
Swim School - restricted or no public swimming will be available, please refer to timetable.
 (The full length of the pool will never be available during this time)
School bookings - half of the pool will be taken but are not booked at all times, please phone in advance to check.

*This timetable is correct at the time of publishing, however, the timetable is subject to change so for daily information contact reception for more details.

- Adult & Child
- Swim Lessons
- Fun Swim
- AquaFit
- (#) Number of Lanes
- SwimFit
- Closed To Public
- Public Swimming
- AquaFlex
- Schools
- Specialised Sessions
- Sid Vale Sharks
- AquaCircuits

Holiday Timetable

The pool has 5 lanes

	6.30am	7.00am	8.00am	9.00am	10.00am	11.00am	12.00pm	1.00pm	2.00pm	3.00pm	4.00pm	5.00pm	6.00pm	7.00pm	8.00pm	9.00pm
Mon	Lane Swimming			50+ Swim	AquaFit		Lane Swimming (3)	Fun Swim			Swim School		Adult Lessons		SSL Club (3)	
Tue	Lane Swimming			Aqua Flex	Aqua Circuits		Lane Swimming (3)	Fun Swim			Swim School				SwimFit	
														Lane Swimming (2)		
Wed	Lane Swimming			50+ Swim	AquaFit		Lane Swimming (3)	Fun Swim			Swim School			Swim School (2)	SwimFit	Staff Training
														Lane Swimming (2)		
Thur	Lane Swimming			AquaFit			Lane Swimming (3)	Fun Swim			Swim School		Adult Lessons			Staff Training
Fri	Lane Swimming			AquaFit			Lane Swimming (3)	Fun Swim			Swim School					
Sat		Lane Swimming		Swim School				Fun Swim				Party Hire				
Sun		Lane Swimming						Fun Swim				Party Hire				

Adult & Child - the shallow end will be roped off.
Adult Lessons - one lane of the pool will be taken.
Swim School - restricted or no public swimming will be available, please refer to timetable.
 (The full length of the pool will never be available during this time)
School bookings - half of the pool will be taken but are not booked at all times, please phone in advance to check.

*This timetable is correct at the time of publishing, however, the timetable is subject to change so for daily information contact reception for more details.

- **Adult & Child**
- **Swim Lessons**
- **Fun Swim**
- **AquaFit**
- (#) Number of Lanes**
- **SwimFit**
- **Closed To Public**
- **Public Swimming**
- **AquaFlex**
- **Schools**
- **Specialised Sessions**
- **Sid Vale Sharks**
- **AquaCircuits**

Sidmouth Swimming Pool
 Ham Lane, Sidmouth
 EX10 8XR
 Tel: 01395 577057

