

# School Term Timetable

The pool has 5 lanes

	6.30am	7.00am	8.00am	9.00am	10.00am	11.00am	12.00pm	1.00pm	2.00pm	3.00pm	4.00pm	5.00pm	6.00pm	7.00pm	8.00pm	9.00pm
Mon	Lane Swimming			50+ Swim	AquaFit	Adult & Child		Lane Swimming	Schools		Swim School		Adult Lessons		N1 Triathlon Club (3)	
Tue	Lane Swimming			Aqua Flex	Aqua Circuits		Lane Swimming	Schools			Swim School			Sid Vale Sharks (3)	SwimFit	
Wed	Lane Swimming			50+ Swim	AquaFit		Lane Swimming	Schools			Swim School			Swim School (2)	SwimFit	Staff Training
Thur	Lane Swimming			AquaFit		Adult & Child		Lane Swimming	Schools		Swim School		Adult Lessons		Sid Vale Sharks (3)	Staff Training
Fri	Lane Swimming			AquaFit	Schools			Lane Swimming	Schools		Swim School			Sid Vale Sharks		
Sat		Lane Swimming		Swim School					Fun Swim				Party Hire	Party Hire		
Sun		Lane Swimming						Fun Swim					Sid Vale Sharks			

**Adult & Child** - the shallow end will be roped off.  
**Adult Lessons** - one lane of the pool will be taken.  
**Swim School** - restricted or no public swimming will be available, please refer to timetable.  
 (The full length of the pool will never be available during this time)  
**School bookings** - half of the pool will be taken but are not booked at all times, please phone in advance to check.

\*This timetable is correct at the time of publishing, however, the timetable is subject to change so for daily information contact reception for more details.

- Adult & Child
- Swim Lessons
- Fun Swim
- AquaFit
- (#) Number of Lanes
- SwimFit
- Closed To Public
- Public Swimming
- AquaFlex
- Schools
- Specialised Sessions
- Sid Vale Sharks
- AquaCircuits