

Swim Timetable

	7.00am	8.00am	9.00am	10.00am	11.00am	12.00pm	1.00pm	2.00pm	3.00pm	4.00pm	5.00pm	6.00pm	7.00pm	8.00pm	9.00pm	
Main Pool	Mon	In 2 SwimFit	Public Swimming				AquaFit	Schools	Swimming Lessons			In 2 SwimFit	Exmouth Swimming & Lifesaving Society			Mon
	Tue	Public Swimming		Schools	Public Swimming				Swimming Lessons			Adults Only		SwimFit Challenge	Tue	
	Wed	In 2 SwimFit	Public Swimming				Aquacise	Healthzone	Schools	Swimming Lessons			In 2 SwimFit	AquaFit	Exmouth Swimming & Lifesaving Society	Wed
	Thur	Public Swimming		In 2 SwimFit	Public Swimming				Swimming Lessons			Ladies Only		SwimFit Challenge	Thur	
	Fri	Public Swimming		In 2 SwimFit	Adult Lessons	Public Swimming			Schools	Swimming Lessons			Exmouth Swimming & Lifesaving Society		Fri	
	Sat		In 2 SwimFit	Junior Swimfit	Public Swimming				Fun Swim	Fun Swim	Public Swimming		Exmouth Swimming & Lifesaving Society			Sat
	Sun		SwimFit Challenge	Lane Swim	Public Swimming							Available for hire	Available for hire			
Learner Pool	Mon	Public Swimming				Swim Lessons	Schools	Public Swimming	Swimming Lessons			Public Swimming			Mon	
	Tue		Schools	Swim Lessons	Public Swimming				Swimming Lessons			Public Swimming			Tue	
	Wed			Swim Lessons	Public Swimming	Schools	Public Swimming	Swimming Lessons			Public Swimming			Wed		
	Thur		Public Swimming				Swim Lessons	Public Swimming			Swimming Lessons			Public Swimming	Thur	
	Fri		Public Swimming				Schools	Public Swimming	Swimming Lessons			Public Swimming			Fri	
	Sat		Public Swimming	Swim Lessons	Public Swimming			Fun Swim	Fun Swim	Public Swimming		Exmouth Swimming & Lifesaving Society			Sat	
	Sun		Public Swimming	Swim Lessons	Public Swimming							Available for hire	Available for hire			

- Lane Swimming
- Swim Lessons
- Fun Swim
- AquaFit
- SwimFit
- Closed To Public
- Public Swimming
- Schools
- Specialised Sessions
- Exmouth Swimming & Lifesaving Society

This timetable is correct at the time of publishing, however, the timetable is subject to change so for daily information contact reception for more details.

