

Gym Timetable

Sept '16

	7.00am	8.00am	9.00am	10.00am	11.00am	12.00pm	1.00pm	2.00pm	3.00pm	4.00pm	5.00pm	6.00pm	7.00pm	8.00pm	9.00pm
Mon			Supervised Sessions 9.00 - 10.00			School Use 11.35 - 1.35			School Use 2.20 - 3.20	Teen Gym 3.35 - 4.45		Supervised Sessions 5.00 - 6.30			
Tue			Supervised Sessions 9.00 - 10.00	School Use 10.15 - 11.15						Teen Gym 3.35 - 4.45		Supervised Sessions 5.00 - 6.30			
Wed			Supervised Sessions 9.00 - 10.00			PULSE 11.15 - 12.15				Teen Gym 3.35 - 4.45		Supervised Sessions 5.00 - 6.30			
Thur			Supervised Sessions 9.00 - 10.00			School Use 11.35 - 1.35				Teen Gym 3.35 - 4.45		Supervised Sessions 5.00 - 6.30			
Fri			Supervised Sessions 9.00 - 10.00	School Use 10.15 - 11.15		PULSE 11.15 - 12.15			School Use 2.20 - 3.20	Teen Gym 3.35 - 4.45					
Sat			Supervised Sessions 9.00 - 10.00												
Sun															

School Use
Closed for school use only
(during term time)

PULSE
The gym is closed to the
general public at this time

Supervised Sessions
Instructor on gym floor

Teen Gym
For those in years 10 & 11

Gym closed
The gym is closed

*This timetable is correct at the time of publishing, however, the timetable is subject to change so for daily information contact reception for more details.

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