

Gym Timetable

January '17

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
Mon										Teen Gym 11+	Teen Gym 14+					
Tue									PULSE	Teen Gym 14+						
Wed			School Usage							Teen Gym 11+	Teen Gym 14+					
Thur							PULSE			Teen Gym 14+						
Fri									School Usage	Teen Gym 11+	Teen Gym 14+					
Sat						Teen Gym										
Sun					Teen Gym											

*This timetable is correct at the time of publishing, however, the timetable is subject to change so for daily information contact reception for more details.

- **Teen Gym 11+**
For 11 - 13 year olds
(teen gym intro required).
- **Teen Gym 14+**
For 14 & 15 year olds
(teen gym intro required).
- **School Usage**
Shared usage with Honiton CC.

- **PULSE**
Shared gym use with
GP referral scheme.
- **Gym Closed**
The gym is closed.
- **Gym Open**
The gym is open.

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Honiton
Leisure Centre