



July 21 2008

Sidmouth's summer of fun

Parents have an exciting choice of options to keep their children active this summer in and around Sidmouth.

Sports centres at Sidmouth, Axe Valley and Colyton have a range of great holiday programmes to get children involved in sport and to brush up on their skills. Sidmouth's swimming pool and Coburg Fields and Seaton's Seafield Gardens are also gearing up for a summer of fun.

Run by Leisure East Devon throughout the holidays, each sports centre has the day-long Kidzmix playscheme for children aged between five and 12. Activities, which are registered with Ofsted and supervised by qualified staff, include football, trampolining, go-karting, gymnastics, cricket and other games.

Special programmes include a soccer school at Colyton during August; circus skills and art and design at Axe Valley; and activities for parents at Sidmouth.

Sidmouth Swimming Pool brings back its popular daily splash fun each day through the summer, while also offering lessons for beginners and stroke improvement sessions. At Seaton, the 18-hole putting green is open and two tennis hard-courts are available.

More information on times, dates and prices are in the centres or go to www.ledleisure.co.uk for more information.

LED is the charitable trust which operates leisure centres, parks and the Exmouth Pavilion. It employs more than 300 staff at 13 facilities.

Ends

Notes to editors:

1. Leisure East Devon Ltd was established on 1 January 2006. East Devon District Council's leisure facilities and equipment assets are leased to it.
www.ledleisure.co.uk
2. The facilities are: Axe Valley Sports Centre; Broadclyst Sports Hall; Colyton Sports Centre; Colin Tooze Sports Centre (Ottery St Mary); East Devon Tennis Centre; Exmouth Sports Centre and Swimming Pool; Exmouth Pavilion; Exmouth's Phear Park; Honiton Sports Centre and Swimming Pool; Seaton's Seafield Gardens; Sidmouth's Coburg Road; Sidmouth Sports Centre and Sidmouth Swimming Pool.

For more information please contact:

Paul Norris or Gill Vosper

Absolute PR and Marketing

Email: firstname@absoluteprandmarketing.com

Tel: 01392 680740