



July 25 2008

Keep trim at the Honiton Show!

Joining fees for Honiton Sports Centre will be waived if you sign up as a member on its stand at this year's Honiton Show.

Leisure East Devon is at the August 7 show for the first time - **Members Mall 68** - to promote its newly-refurbished gym at Honiton Sports Centre and its campaign to keep the community fit and healthy. Visitors to the stand will save £20 on the joining fee, or £10 if under 16, by becoming members of the Sports Centre at the show.

Visitors to the stand will be able to try various pieces of equipment including a rowing machine, the strength-improving Swiss ball and other fitness machines. Fully-trained health and recreation officers will also be handing out leaflets on all the latest highlights at the gym, including the celebrity favourite Power Plate machine, and giving tips on exercise and staying fit.

Simon Davey, who manages Honiton Sports Centre, said: "Honiton Show is a great annual highlight for the community and where we can play our part in helping people with their fitness. Come along to our stand, take advantage of the offer and join in the fun by testing yourself on the machines."

Leisure East Devon runs sports centres, gyms, swimming pools and tennis centres, as well as Exmouth Pavilion, on behalf of a trust. Honiton Sports Centre can be contacted on 01404 42325.

End

Notes to editors:

1. Leisure East Devon Ltd was established on 1 January 2006. East Devon District Council's leisure facilities and equipment assets are leased to it.
www.ledleisure.co.uk
2. The facilities are: Axe Valley Sports Centre; Broadclyst Sports Hall; Colyton Sports Centre; Colin Tooze Sports Centre (Ottery St Mary); East Devon Tennis Centre; Exmouth Sports Centre and Swimming Pool; Exmouth Pavilion; Exmouth's Phear Park; Honiton Sports Centre and Swimming Pool; Seaton's Seafield Gardens; Sidmouth's Coburg Road; Sidmouth Sports Centre and Sidmouth Swimming Pool.

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