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Honiton hots up for summer

Gladiators, fencers and martial arts experts are descending on Honiton Sports Centre this summer as it unveils a range of exciting activities for children.

The Ofsted-registered Kidzmix play scheme, which runs throughout the holidays, offers children the chance to get involved in gymnastics, fencing, tae kwon do, volleyball, hockey, handball and many other sports, including the thrilling gladiator jousting, to keep them active and entertained. There is also a soccer school and art activities planned, all run by qualified staff.

Along with the Leisure East Devon (LED)-run sports centre programmes, the town's swimming pool also gets involved in Kidzmix with fun sessions for the eights and above, while also offering parents the chance to use the pool while their children are involved other sessions.

For further information on any of the above please contact Honiton Sports Centre reception on 01404 42325 or look at www.ledleisure.co.uk.

Nearby, Ottery St Mary's Colin Tooze Sports Centre is also running a Kidzmix programme with four themed weeks (Musical Madness, Recycling, Wildlife & Nautical) to include tae kwon do, trampolining, badminton, a soccer school and nature walks. There are also adult classes in the summer, including pilates, Friday fitness and 50+ exercise.

Broadclyst Sports Centre also has Kidzmix during the summer with soccer schools, multi-sports days, trampolining, tennis, archery and gymnastics.

More information on times, dates and prices are in the centres or go to www.ledleisure.co.uk for more information.

LED is the charitable trust which operates leisure centres, parks and the Exmouth Pavilion. It employs more than 300 staff at 13 facilities.

Ends

Notes to editors:

1. Leisure East Devon Ltd was established on 1 January 2006. East Devon District Council's leisure facilities and equipment assets are leased to it.
www.ledleisure.co.uk
2. The facilities are: Axe Valley Sports Centre; Broadclyst Sports Hall; Colyton Sports Centre; Colin Tooze Sports Centre (Ottery St Mary); East Devon Tennis Centre; Exmouth Sports Centre and Swimming Pool; Exmouth Pavilion; Exmouth's Phear Park; Honiton Sports Centre and Swimming Pool; Seaton's Seafield Gardens; Sidmouth's Coburg Road; Sidmouth Sports Centre and Sidmouth Swimming Pool.

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