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Summer of sport for Exmouth youngsters

Children in Exmouth have no excuse for saying 'I'm bored' this summer as a huge range of activities are unveiled to make the holidays fun and active.

Put together by Leisure East Devon (LED) at the town's Tennis Centre, children have the chance to play cricket, basketball, badminton, football, rugby, tennis and swimming, as well as a range of other activities including their own Olympics.

Running throughout the school holidays is Kidzmix. These Ofsted-registered day camps and away days are run by qualified staff and aimed at five-13-year-olds and gives them a chance to try a wide range of sports. The away days offer trips to Paignton Zoo, Woodlands and mystery locations!

For tennis fans, the centre in Withycombe Road has a selection of programmes run by qualified coaches for all levels and ages, from two to teenagers, to practise their shots or pick up a racket for the first time. There are adult programmes available too. Also, as an encouragement, walk-on tennis courts are £5 instead of £8 in August.

At Exmouth Sports Centre, in Royal Avenue, swimmers have the chance to take lessons to improve, get involved in lifesaving courses and compete in races. There is also football coaching and a local version of the Olympics.

More information on times, dates and prices are in the centres or telephone the Exmouth Tennis Centre on 01395 223355 or Exmouth Sports Centre on 01395 266381. There are also details at www.ledleisure.co.uk.

LED is the charitable trust which operates leisure centres, parks and the Exmouth Pavilion. It employs more than 300 staff at 13 facilities.

Ends

Notes to editors:

1. Leisure East Devon Ltd was established on 1 January 2006. East Devon District Council's leisure facilities and equipment assets are leased to it.
www.ledleisure.co.uk
2. The facilities are: Axe Valley Sports Centre; Broadclyst Sports Hall; Colyton Sports Centre; Colin Tooze Sports Centre (Ottery St Mary); East Devon Tennis Centre; Exmouth Sports Centre and Swimming Pool; Exmouth Pavilion; Exmouth's Phear Park; Honiton Sports Centre and Swimming Pool; Seaton's Seafield Gardens; Sidmouth's Coburg Road; Sidmouth Sports Centre and Sidmouth Swimming Pool.

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