



Press Release – Friday 30th July, 2010

Tour de Exmouth

THE 'Tour de Exmouth' is over, and the yellow jersey has been handed out. In a 'spin off' of the international Tour de France, members of Exmouth Sports Centre's Studio Cycling classes have faced themed stages in recent weeks, with 'flat' 'hilly', 'time-trialled' and 'mountainous' sessions.

The final stage of the Exmouth 'Tour' saw Stacey Hughes and Jerry Godfrey tie for the 'yellow jersey', with both completing 23 stages across the three weeks. Keith 'Jonno' Johnson and Sarah Wythes were both crowned 'King and Queen of the Mountains', judged as the best 'climbers' in the group. Studio Cycling classes are held at Exmouth Sports Centre on Tuesdays, Wednesdays, Thursday, Fridays and Saturdays. More information can be found at www.ledleisure.co.uk.

ENDS

Photos:

- 1) Jerry Godfrey, Stacey Hughes and Keith 'Jonno' Johnson.
- 2) The 'Tour de Exmouth' in action

NOTES TO EDITORS

Leisure East Devon Ltd is a charitable trust established on 1 January 2006 that manages East Devon District Council's leisure facilities under a 30-year lease. Please see: www.ledleisure.co.uk for more details.

The facilities are: Axe Valley Leisure Centre; Broadclyst Leisure Centre; Colyton Leisure Centre; Ottery St Mary Leisure Centre (Colin Tooze Sports Centre); Exmouth Tennis & Leisure Centre; Exmouth Swimming & Leisure Centre; Exmouth Pavilion; Exmouth's Phear Park; Honiton Swimming & Leisure Centre; Seaton's Seafield Gardens; Sidmouth's Coburg Road Gardens; Sidmouth Leisure Centre & Sidmouth Swimming Pool.

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