



12 October 2009

Exmouth Set for Autumn of Indoor Tennis

As the temperature drops and the clocks go back, an Exmouth leisure centre is set to serve up an autumnal ace for those who want to stay sporty despite the wintry weather. Exmouth Tennis and Leisure Centre, which has six fantastic indoor courts, has reduced its membership prices and is introducing an extra special promotion to encourage people to continue playing tennis and keeping fit as the longer nights and colder weather set in.

Leisure East Devon (LED), the charitable trust that manages the centre on Withycombe Village Road, is offering new Tennis Gold members who sign up between 18 and 31 October an extra two months' free membership. That's on top of a price reduction on the monthly fee from £47 to just £39, which is already in force.

The special promotion marks the return of centre manager Jo Louis to the coaching team, which runs tennis courses for people of all abilities from those who have never picked up a racquet before to those who compete. Jo will be taking an active role in training participants on some of the courses, having recently won the over 40s title at the British Grass Courts Championships and bronze in doubles at the World Championships. She is joined by Pete Mogan and a team of highly experienced and enthusiastic coaches who work with people from the age of two to senior citizens to improve their game.

“Autumn and winter isn't necessarily the time of year that people traditionally associate with tennis but as the clocks change and the evenings get darker, it's the perfect time to take advantage of our six indoor courts,” said Jo Louis, who once faced Steffi Graf in her playing career. “We have this fantastic specialist facility right on our doorstep here in Exmouth and we're hoping that

by reducing the prices of our Tennis Gold membership and running the special promotion we'll encourage lots more local people to pick up a racquet, hit the gym and get active. I'm also delighted to be taking a much more active role in coaching on our tennis courses – we have a brilliant team here and it's always rewarding to watch people of all abilities develop their game.”

Tennis Gold membership provides free peak and off peak use of the indoor tennis courts, unlimited free matchplay classes and club evenings, and preferential booking privileges and prices for tennis activities, courses and classes. Members also get unlimited free sessions in the Tennis Centre's gym, unlimited free swimming, exercise and sports classes, plus members rates and privileges at all LED Exmouth facilities including Exmouth Swimming and Leisure Centre, Exmouth Pavilion and Phear Park.

For more information on Exmouth Tennis and Leisure Centre's membership offers and tennis courses, call 01395 223355 or visit www.ledleisure.co.uk.

Picture captions:

[APEXPR_exmouth_Tennis_13] Young players enjoy practice session on the indoor courts at Exmouth Tennis and Leisure Centre

[DSC05715.JPG] Manager Jo Louis with her doubles bronze medal from the World Individual Championships, Majorca

Ends

Notes to editors:

1. Leisure East Devon Ltd was established on 1 January 2006. East Devon District Council's leisure facilities and equipment assets are leased to it. www.ledleisure.co.uk
2. The facilities are: Axe Valley Leisure Centre; Broadclyst Leisure Centre; Colyton Leisure Centre; Ottery St Mary Leisure Centre (Colin Tooze Sports Centre); East Devon Tennis Centre; Exmouth Swimming and Leisure Centre; Exmouth Pavilion; Exmouth's Phear Park; Honiton Swimming and Leisure Centre; Seaton's Seaford Gardens; Sidmouth's Coburg Road; Sidmouth Leisure Centre and Sidmouth Swimming Pool.

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