



## School Term Timetable

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
Monday			Early Bird Swim	50+ Swim	Pulse Public Swimming	Aqua Flex Public Swimming	Lanes Adults Only	Lanes Adults Only	Lessons	Lessons	Public Swimming	Lessons	Lessons	Lessons	Adults Only	Staff Training
Tuesday			Lane Swimming		Healthzone Public Swimming	Aquatots Public Swimming	Lanes Adults Only	Lanes Adults Only			Public Swimming	Public Swimming	Public Swimming	Swim Club	Aquafit	Adults Only
Wednesday			Early Bird Swim	50+ Swim	Aquafit Public Swimming		Lanes Adults Only	Lanes Adults Only			Public Swimming	Lessons	Lessons	Lessons	Masters	Canoe Club
Thursday			Lane Swimming	Healthzone	Pulse Public Swimming	Lessons Public Swimming	College Adults	College Adults			Public Swimming	Lessons	Lessons	Aquafit	Adults Only	Staff Training
Friday			Early Bird Swim	Aquafit Public Swimming			Lanes Adults Only	Lanes Adults Only			Public Swimming	Lessons	Lessons			
Saturday				Lessons	Aquatots Public Swimming				Fun Splash	Fun Splash	Public Swimming	Public Swimming	Party Bookings			
Sunday				Adults Only	Public Swimming				Fleet Fun	Fleet Fun	Public Swimming	Sid Vale Swim Club				

Holidays timetable effective:

19th December – 30th December: 13th -17th February 2012.

4th – 8th June 2012: 24th July – 31st August.

Bank Holidays open 9am -5pm public swimming only.

★ These slots are bookable by schools & take up a part of the pool. Please check if schools are using the pool.

## School Holiday Timetable

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
Monday			Early Bird Swim	50+ Swim	Pulse Public Swimming	Aqua Flex Public Swimming	Lanes Adults Only	Lanes Adults Only	Fun Splash	Fun Splash	Public Swimming	Lessons	Lessons	Lessons	Adults Only	Staff Training
Tuesday			Lane Swimming		Healthzone Public Swimming	Aquatots Public Swimming	Lanes Adults Only	Lanes Adults Only			Public Swimming	Public Swimming	Public Swimming	Swim Club	Aquafit	Adults Only
Wednesday			Early Bird Swim	50+ Swim	Aquafit Public Swimming		Lanes Adults Only	Lanes Adults Only			Public Swimming	Lessons	Lessons	Lessons	Masters	Canoe Club
Thursday			Lane Swimming	Healthzone	Pulse Public Swimming	Aquatots Public Swimming	Lanes Adults Only	Lanes Adults Only			Public Swimming	Lessons	Lessons	Aquafit	Adults Only	Staff Training
Friday			Early Bird Swim	Aquafit Public Swimming			Lanes Adults Only	Lanes Adults Only			Public Swimming	Lessons	Lessons	Party Hire	Adults Only	
Saturday				Lessons	Aquatots Public Swimming				Fun Splash	Fun Splash	Public Swimming	Public Swimming	Party Hire	Party Hire		
Sunday				Adults Only	Public Swimming				Fleet Fun	Fleet Fun	Public Swimming	Public Swimming				

★Please Note: timetables are subject to change without prior notice.

**Sidmouth Swimming Pool**  
Ham Lane, Sidmouth, EX10 8XR  
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