

	7 - AM	8 - AM	9 - AM	10 - AM	11 - AM	12 - PM	1 - PM	2 - PM	3 - PM	4 - PM	5 - PM	6 - PM	7 - PM	8 - PM	9 - PM	10 - PM
<b>Mon.</b>	EARLY SWIM 16 yrs +		50+ Swim	SCHOOL	PULSE	Aqua Flex	LANES	Lessons		Lessons		Lessons		Lessons	Adults Only	
<b>Tues.</b>	EARLY SWIM 16 yrs + [Lanas]		Adults Only	H-ZONE	Aquatots		LANES	SCHOOL		Lessons			SWIM CLUB	Aqua fit	Adults Only	
<b>Wed.</b>	EARLY SWIM 16 yrs +		50+ Swim	Aqua fit			LANES	SCHOOL		Lessons			Lessons	MASTERS Adults only	Canoe Club	
<b>Thur.</b>	EARLY SWIM 16 yrs + [Lanas]		HEALTH ZONE PULSE	Lessons	Aquatots		LANES			Lessons			AQUA FIT		Adults Only	
<b>Fri.</b>	EARLY SWIM 16 yrs +		Ladies AquaNatal	SCHOOL			LANES		Aqua fit	Lessons		Seals	SID VALE SWIM CLUB			
<b>Sat.</b>				Lessons	Aquatots				FUN Splash	FUN Splash			BOOKABLE PARTIES			
<b>Sun.</b>			EAST DEVON SWIM SQUAD										Float Fun	SID VALE SWIM CLUB		

Please Note: The timetable is subject to change.



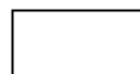
Adults Only



Public Swimming



Pool Closed



Other / Closed, or Bookable Session