

kidZmix Day Camps

Day Camps Every Weekday 26th July – 27th August

Action, Free Play, Arts and Crafts.

Maximum fun and lots of learning for children aged from 5yrs.

All activities are based on the children's preferences, and we aim to cater for each and every child's individual needs. We aim to provide children with maximum fun, choice and enjoyment, whilst affording them opportunities to enhance their learning.

Weekly, Full Day and Half Day options available.

Prices From £9* per day. Call for Weekly and Member discounts.

Daily Highlights

Week 1: 26 th – 30 th July		Week 4: 16 th – 20 th August	
Mon	Multi Sports	Mon	Bouncy Castle
Tue	Trampolining	Tue	Trampolining
Wed	Cowboy Party	Wed	Obstacle Course Building
Thu	Trampolining	Thu	Trampolining
Fri	Football / Snag Golf	Fri	Football / Snag Golf
Week 2: 2 nd – 6 th August		Week 5: 23 rd – 27 th August	
Mon	Bouncy Castle	Mon	Multi Sports
Tue	Trampolining	Tue	Trampolining
Wed	Obstacle Course Building	Wed	Obstacle Course Building
Thu	Trampolining	Thu	Trampolining
Fri	Football / Snag Golf	Fri	Football / Snag Golf
Week 3: 9 th – 13 th August		Book Now 01404 42325	
Mon	Multi Sports		
Tue	Trampolining		
Wed	Obstacle Course Building		
Thu	Trampolining		
Fri	Football / Snag Golf		

* Active 317 members

Honiton Swimming & Leisure Centre, School Lane, Honiton, EX14 1QW

Find us next to Honiton Community College

www.ledleisure.co.uk

Holiday Activities Summer 2010
Honiton Swimming & Leisure Centre

Short Courses & Tasters
sportsZone

From taking your first dip to learning life saving techniques, we offer a range of crash courses to help your child learn to swim and develop water confidence.

All of our courses progress through the Amateur Swimming Association (ASA) national plan for swimming, and more detailed explanations of each stage can be found on our website.

Swimming Crash Courses

All courses run Monday - Friday, although Tuesday lessons start 1 hour later than advertised.

Week 1: 26th – 30th July		Week 3: 9th – 13th August	
Stage 4d 9am-9.25am	Developing an understanding of buoyancy; refining kicking techniques; and swimming 25 metres unaided.	Beginners Under 5 9am-9.25am	Children under 5 yrs learn the very basics of water safety & build water confidence. Swimming aids can be used & the teacher is in the water.
Stage 5 9.30am-9.55am	Developing 'watermanship' through sculling & treading water; performing ALL strokes for 25 metres unaided.	Stage 1 / 2 9.30am-9.55am	Children of any age can learn the very basics of water safety & build water confidence. Swimming aids can be used & the teacher is in the water.
Stage 6 10am-10.25am	Coordinating breathing across all strokes; swimming 25 metres unaided.	Stage 4d 10am-10.25am	Developing an understanding of buoyancy; refining kicking techniques; and swimming 25 metres unaided.
Week 2: 2nd – 6th August		Week 5: 23rd – 27th August	
Rookie Lifesaving 9am-9.25am	Learn basic Rookie Lifesaving techniques. Children must be able to swim over 25m. Ages 8+	Rookie Lifesaving 9am-9.25am	Learn basic Rookie Lifesaving techniques. Children must be able to swim over 25m. Ages 8+
Water Polo 9.30am-9.55am	Have fun learning water polo with Kevin. Children must be able to swim over 25m. Ages 8+	Water Polo 9.30am-9.55am	Have fun learning water polo with Kevin. Children must be able to swim over 25m. Ages 8+
Basic Diving 10am-10.25am	Learn and develop the basics of diving with Kevin. Children must be able to swim over 25m. Ages 8+	Improve Your Strokes 10am-10.25am	Perfect your strokes & improve your basic swimming ability with Kevin. Children must be able to swim over 25m. Ages 8+

**For further information and pricing details,
 call us NOW on 01404 42325**

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