

Swim Timetable

Main Pool

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MONDAY	EARLY SWIM Lane Swimming		Schools	Lane Swim	Aqua Fit	"Schools"		Public Swimming		Swimming Lessons	Lane Swim	Exm outh Swimming & Lifesaving Society			
TUESDAY	EARLY SWIM Lane Swimming		Swim Fit	Lane Swim	Aqua Fit	"Schools"		Public Swimming		Swimming Lessons	Lane Swim	Ladies Only	Masters		
WEDNESDAY	EARLY SWIM Lane Swimming		Schools	Lane Swim	Aquasise	PULSE Aqua	"Schools"		Public Swimming		Swimming Lessons	Aqua Fit	Exm outh Swimming & Lifesaving Society	Staff Training	
THURSDAY	EARLY SWIM Lane Swimming		Swim Fit	Lane Swim	Aqua Fit	"Schools"		Public Swimming		Swimming Lessons	Lane Swim	Adults Only	Masters		
FRIDAY	EARLY SWIM Lane Swimming		Swim Fit	Lane Swim	Aqua Fit	"Schools"		Public Swimming		Swimming Lessons		Exm outh Swimming & Lifesaving Society			
SATURDAY			Dolphin Club	Public Swimming				Fun Splash	Fun Splash	Lane Swim	Exm outh Swimming & Lifesaving Society				
SUNDAY			Public Swimming						Waterwalkers	Available for Hire	Available for Hire	Staff Training			

Learner Pool

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
MONDAY			Schools	Public Swimming			SwimTime	Public Swim		Swimming Lessons	Public Swimming				
TUESDAY			Public Swim	Swim Lessons	Aqua Tots	Public Swimming				Swimming Lessons	Public Swimming				
WEDNESDAY			Schools	Swim Lessons	Public Swimming					Swimming Lessons	Public Swimming				
THURSDAY			Public Swimming		Aqua Tots	Swim Lessons	Public Swimming		Swimming Lessons	Public Swimming					
FRIDAY			Public Swimming						Swimming Lessons	Public Swimming					
SATURDAY			Swim Lessons	Public Swimming				Fun Splash	Fun Splash	Public Swimming		Exm outh Swimming & Lifesaving Society			
SUNDAY			Public Swimming								Available for Hire	Available for Hire			