

Holiday Activities Summer 2010

Exmouth Swimming & Leisure Centre

Short Courses & Tasters pickNmix		
Sometimes wet, sometimes dry, but always lots of fun! kidZmix activities offered in small measures.		Price Band*
Fun Splash		
Have fun with our giant 'Ice Adventure' Inflatable. Ages 8 yrs +	Every Week Monday – Friday 2pm – 3pm	A
Street Dance		
Come along and join in the latest dance craze. Ages 9 yrs +	Tuesdays 10am – 11am	B
WaterWalkerz		
Walk on water in our giant human balls!! Ages 8 yrs +	Tuesdays & Thursdays 9am – 9.45am	B
Active Zone		
Sports, games and a swim – so don't forget your costume! Ages 8-12yrs	Wednesdays & Fridays** 9.45am – 12.45am	C
Short Courses & Tasters sportZone dry sports		
Opportunities for children to enhance their shooting skills!		Price Band*
Archery		
Try your hand at being Robin Hood! Booking is essential. Ages 8 yrs +	Mon 26th July & Fri 27th August 10am – 1pm	C
Basketball		
Top coaching in the countries fastest growing sport! Please bring a healthy snack and water bottle. Ages 8 +	Wednesdays Ages 8-10yrs 9am – 10am Ages 11-13yrs 10am – 11am Ages 14-17yrs 11am – 1pm	B
Chris Webster Soccer		
Soccer coaching from Chris Webster. Bring a packed lunch & water bottle. Ages 5 +	Thursdays 9am – 3pm	D
* See overleaf for price bands ** Except Mon 26 th July & Fri 27 th August		
Book Now! 01395 266381		
Find us in Royal Avenue by the Imperial car park		
www.ledleisure.co.uk		

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Exmouth Swimming & Leisure Centre

Short Courses & Tasters						
sportZone pool sports						Course Price Band
Opportunities for children to enhance their swimming, sub-aqua and life saving skills.						
Learn to Swim, 5yrs +						
Five day crash courses in the learner pool for absolute beginners. Ages 5 +		Mon 26 th July – Fri 30 th July Mon 2 nd Aug – Fri 6 th Aug 9am – 10am			F	
Beginners Course, 7yrs +						
Begin to swim with our four day crash course, spread over 2 weeks. Ages 7+		Mondays & Wednesdays From 16 th Aug – 25 th Aug 9am – 9.45am			E	
Improvers Courses						
Four day crash courses in the main pool for those with a little water experience. Ages 5+		Mon 9 th Aug – Thurs 12 th Aug Mon 16 th Aug – Thurs 19 th Aug 9am – 10am			E	
Snorkelling						
A great introduction to the underwater world. Two week long courses. Ages 8 +		Mon 9 th Aug – Fri 13 th Aug Mon 23 rd Aug – Fri 27 th Aug 9am – 10am			F	
Dives, Turns & Relay Skills						
This four day course will focus on dives, tumble turns and relay skills. Children must be able to swim at least 25 metres. Ages 8+		Mon 23 rd Aug – Thurs 26 th Aug 9am – 9.45am			E	
NPLQ Lifeguard Course						
Please contact us for further details. Ages 16 +		Mon 26 th July – Friday 6 th Aug 8.30am – 3.30pm			£195	
PRICE BANDS	A	B	C	D	E	F
Swim / Active 317	Free	£2	£3	£6	£10	£13
PTL	£1.50	£2.60	£3.75	£10.50	£10	£13
Member	£2.20	£3.20	£5.50	£12	£20	£25
Non Member	£2.80	£3.80	£7	£14	£24	£30
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