

# Exmouth Swimming Pool Timetable

## Main Pool

Day	7-8	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6	6-7	7-8	8-9	9-10
Mon	EARLY SWIM Lane Swimming		*Schools	Lane Swim	Aqua Fit		*Schools			Swimming Lessons		Lane Swim		Exmouth Swimming & Lifesaving Society	
Tues	EARLY SWIM Lane swimming		*Schools	Lane Swim	Aqua Flex		*Schools			Swimming Lessons		Lane Swim		Ladies Only	Masters
Wed	EARLY SWIM Lane swimming		*Schools	Lane Swim	Aquacise	Pulse Swim	*Schools			Swimming Lessons		Lane Swim		Exmouth Swimming & Lifesaving Society	Sub Aqua
Thur	EARLY SWIM Lane swimming		*Schools	Lane Swim	Aqua Flex		*Schools			Swimming Lessons		Lane Swim		Adults Only	Masters
Fri	EARLY SWIM Lane swimming		*Schools	Lane Swim	Aqua Fit		*Schools			Swimming Lessons				Exmouth Swimming & Lifesaving Society	
Sat			Dolphin Club	Lane Swim		Public Swimming		Fun Splash U11	Fun Splash over 11		Lane Swim		Exmouth Swimming & Lifesaving Society		
Sun				Lane Swim						Fun Swim	Available for hire	Available for hire			
				Public Swimming											

## Learner Pool

Day	7-8	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6	6-7	7-8	8-9	9-10
Mon				Public Swimming			SwimTime* *		Public Swim		Swimming Lessons		Public Swimming		
Tue				Public Swimming				Swim Lesson			Swimming Lessons		Public Swimming		
Wed				Swim Lesson		Public Swimming					Swimming Lessons		Public Swimming		
Thu				Public Swimming				Swim Lesson			Swimming Lessons		Public Swimming		
Fri				Public Swimming							Swimming Lessons		Public Swimming		
Sat				Public Swimming				Fun Splash	Fun Splash		Public Swimming		Exmouth Swimming & Lifesaving Society		
Sun				Public Swim							Available for hire	Available for hire			

\* Possible school lessons please check availability    \*\*Shared Use in the Learner Pool

Please refer to notice boards for information during school holidays. Please note programme is subject to change.