

# Clubs & Courses

Colyton Leisure

Jan 2010  
Sports

Tuesday	Time	Level
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Trampoline (From April 2010)	6:00pm - 7:00pm	5 yrs+, All abilities
Tae Kwon-Do*	6:30pm - 7:30pm	All abilities
Badminton Club (Sept-May)	8:00pm - 10:00pm	14yrs+ All abilities

Thursday	Time	Level
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Gymnastics	4:45pm - 5:45pm	5yrs+ All abilities
Chris Webster Soccer	6:00pm - 7:00pm	5-10yrs All abilities

Friday	Time	Level
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Tae Kwon-Do*	7:00pm - 8:00pm	All abilities
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Saturday	Time	Level
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Junior Badminton	9:30am - 10:30am	Beginners
Junior Badminton	10:30am - 11:30am	Improvers
Junior Badminton	11:30am - 12:30pm	Advanced

Sunday	Time	Level
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5-a-side football league	Ask at reception for details	
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**Limited places available on courses please book in advance**

\* Please note these are external bookings and not included in membership benefits.