

Exmouth Sports Centre Fitness Suite Timetable

	7 - 8am	8 - 9am	9 - 10am	10 - 11am	11 - 12pm	12 - 1pm	1 - 2pm	2 - 3pm	3 - 4pm	4 - 5pm	5 - 6pm	6 - 7pm	7 - 8pm	8 - 9pm	9 - 10pm
MON		PULSE		Supervised				PULSE		Supervised					
TUE		PULSE													
WED		PULSE		Supervised											
THUR		PULSE	CR					PULSE		Supervised					
FRI		PULSE													
SAT															
SUN															

Exmouth Tennis Centre Fitness Suite Timetable

	7 - 8am	8 - 9am	9 - 10am	10 - 11am	11 - 12pm	12 - 1pm	1 - 2pm	2 - 3pm	3 - 4pm	4 - 5pm	5 - 6pm	6 - 7pm	7 - 8pm	8 - 9pm	9 - 10pm
MON										Teen Gym	Supervised	Supervised			
TUE											Supervised	Supervised			
WED			Supervised							Teen Gym					
THUR			Supervised												
FRI															
SAT															
SUN															